

# AMY C. WANINGER

Keynote Speaker & Workshop Facilitator  
Leadership Frameworks That Stick



*"Leaders can be anywhere and should be everywhere."*

Amy C. Waninger is the Founder and CEO of Lead at Any Level®, a professional speaking and consulting firm dedicated to helping new and developing leaders build practical skills they can use immediately.

Amy brings a practical, frameworks-first approach to every engagement – whether she's delivering a keynote for a thousand-person conference, facilitating a leadership workshop for a corporate team, or designing a grant-funded staff development program for a nonprofit organization. Her audiences consistently leave with tools they can apply before the week is out.

With deep expertise in assessment-driven leadership development and a facilitation style that balances warmth with rigor, Amy is the partner organizations call when they need real change – not just a day of great training.

## LEADERSHIP UNDER PRESSURE

Practical frameworks for the moments that test you most.

### Moving from Panic to Purpose

KEYNOTE | WORKSHOP

Change is constant – but panic is optional. This session gives leaders a practical framework for moving from reactive to intentional when the ground shifts beneath them. Audiences leave with tools to lead themselves and their teams through uncertainty with clarity and confidence.

### Building Resilient Connections with Emotional Intelligence

KEYNOTE | WORKSHOP

Strong relationships don't happen by accident – they're built with intention. This session gives leaders practical EQ tools to strengthen communication, navigate conflict, and create the kind of trust that makes teams more effective and more resilient under pressure.

## PROGRAM OPTIONS

Available as keynote, breakout, or packaged engagement.



## WHAT PLANNERS & ATTENDEES SAY

*"A truly collaborative experience. Amy was prepared and uniquely tailored the day to our organization. She is a wealth of knowledge. I hope every leader has the opportunity to experience her message."*

– Jared Ellis Perez, Event Organizer, MPI Chicago | Leadership Day

*"Amy Waninger is one of those rare speakers who can both entertain and enlighten. Her energy, authenticity, and natural ability to connect with any audience make her presentations memorable and impactful. Amy doesn't just speak to people – she engages with them, creating moments that inspire reflection, laughter, and real growth. Amy delivers insights that stick and motivate change long after her session ends."*

– Joe Weldon, VP, Employer Solutions, Upvia Health

## LOGISTICS & BOOKING

**AUDIENCE SIZE** : 20 to 2,000+ – all formats scale  
**SESSION LENGTH** : 45 min/60 min/90 min/Half-day  
**FORMAT** : In-person or virtual  
Certified WBE | LGBTBE-Certified Organization

### READY TO BOOK?

[www.LeadAtAnyLevel.com](http://www.LeadAtAnyLevel.com)  
[www.FindTimeWithAmy.com](http://www.FindTimeWithAmy.com)  
[amy@leadatanylevel.com](mailto:amy@leadatanylevel.com)